

# No Child or Teen Should Have to Grieve Alone



We're here for YOU.  
Support ♥ Connection ♥ Healing  
Call us at 734.929.6640



## A Healing Center for Grieving Children & Teens

### What Is Ele's Place?

Ele's Place is a nonprofit, community-based organization with the mission to create awareness of and support for grieving children, teens and their families.

We are honored to serve children, teens and families who are grieving in our safe and compassionate healing center, **free of charge**, for as long as a family needs.

Ele's Place Ann Arbor offers weekly peer support groups Monday through Thursday evenings for grieving children and teens ages 3-18.

Peer groups are divided by age/grade, and typically include: Preschool/Kindergarten, Early Elementary, Upper Elementary, Middle School, and High School.

Groups allow children and teens to realize they are **not alone** by connecting with individuals their age, and are led by trained volunteers with oversight by Clinical Program Staff.

Support groups for the parents/guardians of Ele's Place Ann Arbor children or teens are available and facilitated by Licensed Clinicians.

### How Could Ele's Place Peer Support Groups Help My Child/Teen?

Before coming to Ele's Place, some children and teens who are grieving have expressed feeling alone and isolated in their grief. They may keep their emotions inside, and may be hesitant to share their feelings with other family members or friends.

At Ele's Place, children and teens have a place to share their stories and memories, explore their feelings and learn coping skills **alongside their peers**. They have the opportunity to meet new friends who understand what it feels like to experience the death of someone in their lives.

Children and teens engage in a variety of activities with their peers at Ele's Place. They are able to express their feelings in an **emotionally safe space** while being supported in their grief.

### Childhood Grief

One in 11 children in Michigan will experience the death of a sibling or parent before age 18. Almost everyone will experience the death of a significant person in their life before adulthood.

## How to Get Started at Ele's Place Ann Arbor

When a family feels ready to call us following the death of someone in their lives...

Families initiate a conversation with an Ele's Place Ann Arbor Clinical Program Staff member.

Families complete and submit enrollment forms.

Families are welcomed to an intake at Ele's Place Ann Arbor, and to visit our healing space.

Families are offered a program night based on preference and availability.

Families are welcomed to their first night of peer support groups.

To begin the enrollment process, please call Ele's Place Ann Arbor at **734.929.6640** to speak with a member of our Clinical Program Staff, or email us at [annarborinfo@elesplace.org](mailto:annarborinfo@elesplace.org).