



CAPITAL REGION

2021 IMPACT REPORT

No Child or Teen Should
Have to Grieve Alone



Kristine Kuhnert

EP Capital Region, Director



It is my privilege to share how your commitment impacted our Ele's Place families in 2021. It is hard, at times, to wrap my head around all that we have accomplished over the last two years. The bottom line, we did not stop serving the needs of our community. Initially, groups were virtual. This past year we transitioned back to our weekly support groups with three nights in person and one night virtual, to meet the needs of the families we serve.

This is what you helped us accomplish in 2021 at Ele's Place Capital Region:

- ♥ Served 781 grieving children and teens.
- ♥ Served 137 students in our school-based program, Ele's Group.
- ♥ Provided 736 clinical consultations to families beginning the grief process.
- ♥ Provided clinical support (off-site) to 237 individuals in response to the death of a community member.
- ♥ Created *How to Help a Grieving Student*, a 67-page policy/procedure manual provided to local schools.

In 2021, we celebrated 30 years in the Capital Region with the vision of Embracing Loss Effectively- ELE. Ele's Place has served over 32,000 individuals in our community. If it is hard for you to picture how many people that is, the number of individuals we have served will fill the Breslin Center at MSU more than two times. Thirty-two thousand individuals in our community can Embrace-Loss-Effectively, and because of your continued generosity, we can continue to provide our services at no cost to our families.

I believe this to be true: We are a stronger community when we care for each other, especially those who need us most. Thank you for being so supportive in making our community stronger for those with the greatest need.

**With gratitude,
Kristine Kuhnert**

Ele's Place Capital Region

Total Served in 2021:



SUPPORT GROUPS:

In 2021 we served 644 individuals in our peer support groups; initially virtually, and then in person.



PROGRAMS:

We maintained an evening of virtual programming for those families who had the need to attend virtually.



SCHOOL GROUPS:

Held 20 in school Ele's Group support groups serving 137 students.



CLINICAL CONSULTATIONS:

Provided clinical consultations to 736 individuals via phone or in person, including 165 family intakes.



30 YEARS:

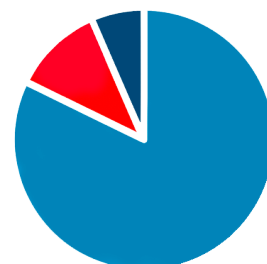
Celebrated 30 years of providing compassionate grief support in the Capital Region.

"Mom, everyone in my Ele's class knows someone who died, and we can talk about it! At school my teacher told me that I shouldn't talk about my brother because it scares my friends."

- Anonymous

Functional Expenses

- ♥ Program 82.25%
- ♥ Administration 11.23%
- ♥ Fundraising 6.52%



Thank You To Our Community Sponsors!



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