
BOOKS ABOUT SIBLING LOSS

Teens

General Books About Grief

- *Healing Your Grieving Heart for Teens: 100 Practical Ideas* by Alan D. Wolfelt -- With sensitivity and insight, this series offers suggestions for healing activities that can help survivors learn to express their grief and mourn naturally.
- *Facing Change: Falling Apart and Coming Together Again in the Teen Years* by Donna B. O'Toole -- This informative book helps teens understand their losses and discover creative coping strategies to deal with them.
- *The Grieving Teen: A Guide for Teenagers and Their Friends* by Helen Fitzgerald -- Helps teens address the gamut of strong and difficult emotions they will experience and the new situations they will face, including family changes, issues with friends, problems at school, and the courage needed to move forward with one's own life.

Books for Sibling Loss

- *The Last Time We Say Goodbye* by Cynthia Hand -- Since her brother, Tyler, committed suicide, Lex has been trying to keep her grief locked away, and to forget about what happened that night. From New York Times bestselling author Cynthia Hand comes a stunning, heart-wrenching novel of love and loss.
- *Love, Lucas* by Chantele Sedgwick -- When Oakley Nelson loses her older brother, Lucas, to cancer, she thinks she'll never recover. Then, Oakley receives a notebook of letters addressed to her from her brother. As she reads one each day, she realizes how much he loved her, and each letter challenges her to be better and to continue to enjoy her life.
- *Baby* by Patricia MacLachlan -- Caring for an abandoned baby helps a family acknowledge and grieve the death of their own baby.
- *Children Facing Grief* by Janis Loomis Romond -- A collection of letters from kids ages 6-15 who are facing grief.
- *Home From Afar* by Jean Little -- A novel about a girl coming to terms with her twin brother's accidental death.
- *A Sudden Silence* by Eve Bunting -- Jesse Harmon is tortured by guilt because he survived the hit-and-run accident that killed his brother, Bry.



- *A Summer To Die* by Lois Lowry -- Thirteen-year-old Meg and her sister Molly couldn't be more different. Molly is beautiful and popular, and Meg is brainy and introverted. Accepting these differences has always been difficult for Meg. When Molly falls ill, however, Meg must learn not only to accept Molly and her life, but to accept death.

